

# Truth Is a Beautiful Thing

## Opening Questions

1. What is my relationship with the truth? Do I suppress, exchange, reject, or welcome truth?
2. In what area of my life and relationships do I resist facing truth most?
3. How has my attitude and response to truth affected others?

## Introduction

### Hebrews 5:12-14 (Phillips)

“There is a great deal that we should like to say about this high priesthood, but it is not easy to explain to you since you **seem so slow to grasp spiritual truth**. At a time when **you should be teaching others**, you need teachers yourselves to repeat to you the ABC of God’s Revelation to men. You have become **people who need a milk diet and cannot face solid food!** For **anyone who continues to live on “milk” is obviously immature—he simply has not grown up**. “Solid food” is only for the adult, that is, for the man **who has developed by experience** his power to discriminate between what is good and bad for him.

- Truth is a beautiful thing when we see the transformative growth and change that results from embracing it in our lives.
- The **spiritually mature** have the courage and desire to face the truth about themselves and their lives, instead of running from it. They understand that God’s power moves most where truth lives. (*John 3:21*)

## Bible Study

### 1) What is My Relationship With the Truth?

#### John 18:37 NIV

37 “You are a king, then!” said Pilate. Jesus answered, “You say that I am a king. In fact, the reason I was born and came into the world is to testify to the truth. Everyone **on the side of truth listens to me.**”

- Our relationship with the truth reflects our relationship with God. We have to be willing to embrace and welcome the truth in order to listen to God.
1. **Do I Suppress the Truth? (Rooted in Godlessness)**  
*Romans 1:18 NIV* - The wrath of God is being revealed from heaven against **all the godlessness** and wickedness of people, who **suppress the truth** by their wickedness,
  2. **Do I Exchange the Truth? (Rooted in Idolatry)**  
*Romans 1:25 NIV* - They **exchanged the truth about God for a lie**, and worshiped and served created things rather than the Creator—who is forever praised. Amen.
  3. **Do I Reject the Truth? (Rooted in Conceit)**  
*Romans 2:8 NIV* - But for those who are **self-seeking** and **who reject the truth** and follow evil, there will be wrath and anger.
  4. **Do I Welcome the Truth (Rooted in Faith)**  
*1 Thessalonians 2:13 NKJV* - For this reason we also thank God without ceasing, because when you received the word of God which you heard from us, you **welcomed it** not as the word of men, **but as it is in truth**, the word of God, which also **effectively works in you** who **believe**.

## 2) In What Area of my Life Do I Resist Truth Most? Why?

### Isaiah 30:10, 12-13, 15 Voice

10 They say to those gifted with discernment and insight: “Stop with your visions. We’ve had enough of them.” They say to the prophets, “Tell us only what we’d like to hear; save your truth-telling pessimism for someone else. We want to hear flattery.

12 But the Holy One of Israel says, *Eternal One*: Because you **refused to accept this truth**, My word and purpose, and trusted instead in deceit and manipulation, you will fall. 13 Your wrongdoing, your misplaced confidence and web of lies, will be your undoing. Like a breach in a wall that bulges out and suddenly gives way, your façade will come crashing down in an instant.

15 Listen! The Lord, the Eternal, the Holy One of Israel says, *Eternal One*: In returning and rest, you will be saved. In quietness and trust you will find strength. But you refused.

- Distrust, resentment, manipulation, and unawareness come from a heart that rejects truth.
- God wants to give us strength, but we will miss out on it if we resist hearing the truth.

## 3) How Has My Response to Truth Affected Others?

### Ephesians 4:25-27 TPT

So **discard every form of dishonesty and lying** so that you will be **known as one who always speaks the truth**, for **we all belong to one another**. But don’t let the passion of your emotions lead you to sin! Don’t let anger control you or be fuel for revenge, not for even a day. Don’t give the slanderous accuser, the Devil, an opportunity to manipulate you!

- Do you speak truthfully to others? What are the obstacles to being honest
- What are the spiritual benefits of being honest?
- Living by emotions leads to instability, and anger. It also makes you vulnerable to unspiritual influences.

## 4) Embrace Truth to Become Who God Destined You to Be

### Luke 8:15 TPT

The seed that fell into good, fertile soil represents those **lovers of truth** who **hear it deep within their hearts**.

They **respond by clinging to the word**, keeping it dear **as they endure all things in faith**. This is the seed that will one day **bear much fruit in their lives**.”

1. **Love Truth:** Seek after listening to and asking for truthful input from spiritual friends in your life.
2. **Learn From Truth:** Choose to learn rather than quit in the face of truth. Learn to rely on God through prayer and rely on friends through transparency.
3. **Respond to Truth:** Don’t just listen, but take decisive action to put the truth of Scriptures into practice in your life, relationships, and priorities.

