

# #1: PREP THE SOIL



Take 2 minutes to tell God your answers to these questions:

What did I feel most yesterday/today?



Anger



Fear



Sadness



Joy



Guilt

CIRCLE ONE

About what?

What did I do with these feelings?

# #2: PICK YOUR TOOLS



Circle 1-2 questions to focus on while you read the Bible.

PICK 1-2



What do I learn about who God is?



Who does God want me to become?



How is God different than I originally thought?

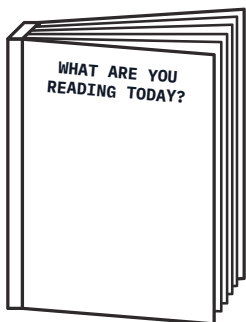


What does God want me to change?

# #3: PLANT THE SEEDS



Write down your reactions to the Scriptures and answers to the questions you picked above.



# #4: WATER THE PLANT



Talk to God about what you read.

Which Scriptures from your reading stood out to you the most, and why?

FIND SOMEWHERE QUIET TO PRAY

What did the Scriptures reveal about the path you should take today?

# #5: SEE THE FRUIT



Let the Word change your life!

What verse of the Bible will you hold onto and obey today?

PROGRESS BAR  
FILL IN AS YOU GO

YOU DID IT!

PARKING LOT



Write distracting thoughts here to revisit after your quiet time:

