

Gods Not Ghosting You

How to keep praying when God feels silent

Time:

5-7 minutes

Focus:

Prayer, Persistence,
Honesty

Scriptures

James 5:16
Luke 11:5-13
Proverbs 3:5-6
Isaiah 55:9
Psalm 27:14,
Lamentations 3:25
Romans 8:28

Parking lot

Write down distracting thoughts here:

Thought starter

Prayer isn't a performance—it's a lifeline. We don't need fancy words, a perfect mood, or a Sunday service. We just need to show up.

Here's what we'll learn in this Quick Quiet Time:

- God's not checking our grammar. He's checking our hearts. He doesn't care if it's messy; he cares if it's honest.
- God's not annoyed when we keep coming to him. He loves hearing from us.
- God answers us even if we don't see it right away.



* Real Talk: Gods messages are always open

James 5:16 NIV

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

- **Honesty is key:** Don't be afraid to be real. God can handle our unfiltered thoughts and feelings.
- Prayer is a conversation, not a performance: Our words don't have to be perfect. God wants to hear from our hearts.



Parable drop: "The Friend at Midnight"

Before continuing, scan this QR code and read this passage about a friend who kept on knocking. Circle, underline, or highlight any words that stand out to you: [Luke 11:5-13 Voice](#)

Jesus tells a story about a guy who knocks on his friend's door at midnight, asking for bread.

Awkward, right? But the friend gets up and helps—not because it's convenient, but because of the guy's boldness.

Jesus drives home the point that persistence in prayer is powerful:

Luke 11:9 Voice

So listen: Keep on asking, and you will receive. Keep on seeking, and you will find. Keep on knocking, and the door will be opened for you.



View on web ↗

Notes:

 **Mic drop moment:** God isn't annoyed when we pray. He's honored by our persistence.

- If our bestie would help us at 2 am, how much more will God respond when we knock?
- We need to keep coming to God. Our boldness is a sign of faith, not a nuisance.
- It's not just about asking once; it's about showing up, knocking boldly, and trusting that God hears us every time.

**Reflect**

- Do I treat prayer like a last resort or a first move?
- What's one thing I've been hesitant to ask God for?
- If I believed God actually wanted to hear from me, how would that change my prayer life?

**Write it down**

What's one bold prayer you're afraid to pray? Write it out. Don't filter it. God can handle your honesty.

**Try It!**

Set a 5-minute timer.

No distractions. Just talk to God like you would a close friend. No script. No pressure. Just show up.

- Need a starter? Try: "God, I don't even know what to say, but I'm here..."

**Extra scriptures on persisting with God****Proverbs 3:5-6 NLT**

Trust in the LORD with all your heart; do not depend on your own understanding. [6] Seek his will in all you do, and he will show you which path to take.

Isaiah 55:9 ERV

Just as the heavens are higher than the earth, so my ways are higher than your ways, and my thoughts are higher than your thoughts.

Psalms 27:14 NIV

Wait for the LORD; be strong and take heart and wait for the LORD.

Lamentations 3:25 NCV

The LORD is good to those who hope in him, to those who seek him.

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Notes:

Romans 8:28 NLT

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

**Final thoughts**

Even when it doesn't make sense, trust that God's moving. God's silence might mean he's operating on a level we can't yet grasp. Just because it's not happening now doesn't mean it's not happening. Waiting isn't weakness—it's spiritual strength training. Just keep praying.

**Humor break!**

Q: What do you call a dog who meditates?

A: Aware wolf!

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