

do Christians have superpowers?

To read the full article, visit
deepspirituality.com/superpowers!

2 Peter 1:3 NIV God's power has given us everything we need to lead a godly life. All of this has come to us because we know the God who chose us. He chose us because of his own glory and goodness.

key takeaways: God's power flows into us when we admit weakness. God can change things in us we never could alone.

Living by our own power looks like ...

- Living in survival mode instead of victory mode.
- Feeling defeated by the same struggles year after year.
- Trying to produce resilience, peace, patience, and self-control through willpower alone.
- Exhausted from trying to be good enough in our own strength.
- Giving up on dreams because obstacles feel too big.
- Allowing sin, emotions, and circumstances to control us.

Break down your walls

living by your own power vs. God's power

Luke 1:37 AMPC For with God nothing is ever impossible and no word from God shall be without power or impossible of fulfillment.

Romans 8:37 NIV No, in all these things we are more than conquerors through him who loved us.

**Which describes you more?
How have you been trying to do things in your own strength?**

Living by God's power looks like ...

- Living in victory through God's superpowers flowing through our weaknesses.
- Overcoming struggles we couldn't beat in our own strength.
- Experiencing joy, peace, patience, and self-control as supernatural gifts.
- Resting in God's strength instead of striving on our own.
- Advancing toward dreams despite obstacles.
- Mastering sin, emotions, and circumstances through the Spirit's power.

Admit your weaknesses

humility is the bridge to God's power

2 Corinthians 12:9 NLT Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.



you alone



you with God's power

where is your heart now?

☐ *resistant*

I don't want to admit weakness right now. It feels like failure. I'd rather prove I can succeed on my own.

☐ *reflective*

I'm not sure how I feel about admitting weakness. Part of me knows I need God's help, but I'm afraid of letting go of self-reliance. I need help knowing how to rely on God for strength.

☐ *receptive*

I'm willing to admit I'm weak and I need God. I'm tired of struggling alone and want to experience his power through my weakness.

☐ *ready*

I'm done pretending I don't need God. I'm ready to humbly admit my weakness and rely on God's power; I just need the framework to practice this when life gets hard.



Changed from the inside out

the results of walking with God

Galatians 5:22-23 NLT But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, [23] gentleness, and self-control. There is no law against these things!

pick one



love

the superpower of transformation

joy

the superpower of resilience to keep going

peace

the superpower of thriving under pressure

patience

the superpower of finishing

kindness

the superpower of relationship-building

goodness

the superpower of purpose and vision

faithfulness

the superpower of confidence in God

gentleness

the superpower of sensitivity

self-control

the superpower of spiritual strength and mastery over sin

Write it down

- On a scale of 1-10, how much have I been trying to produce this quality in my own strength? _____
- On a scale of 1-10, how much have I been admitting weakness and asking God for this superpower? _____
- What would it look like to stop trying to generate this power myself and start accessing it through the Holy Spirit? _____



scan this to discuss with a friend!

